



**OM** TIMES  
MOVIE  
review



WINNER  
AUDIENCE AWARD  
New York  
Soho Film Fest

WINNER  
MISSION AWARD  
Miami  
Women's  
Int'l Film Festival

WINNER  
AUDIENCE AWARD  
Los Angeles  
Awareness Film Fest

OFFICIAL  
SELECTION  
Monaco  
Angel Awards  
Film Fest

OFFICIAL  
SELECTION  
Atlanta  
Film Fest

OFFICIAL  
SELECTION  
Newport Beach  
Film Fest

WINNER  
1st PLACE AWARD  
Los Angeles  
My Hero Project  
Film Fest

SPECIAL  
COLLECTOR'S  
EDITION  
2-Disc Set  
with Bonus Features

DVD  
VIDEO

# Get Real!

## Wise Women Speak

FEATURING:

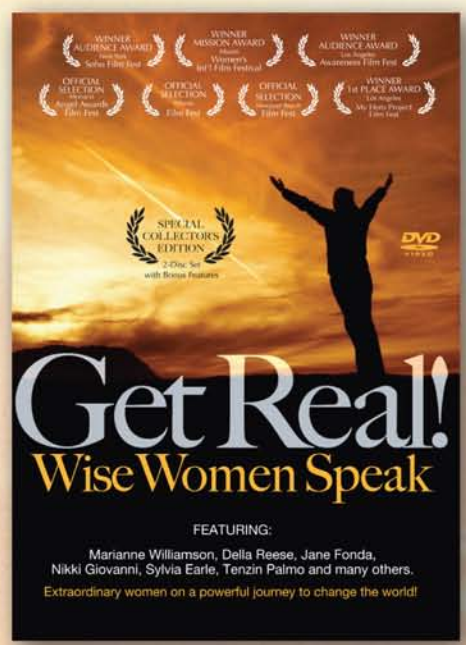
Marianne Williamson, Della Reese, Jane Fonda,  
Nikki Giovanni, Sylvia Earle, Tenzin Palmo and many others.

Extraordinary women on a powerful journey to change the world!



Movie :  
**Get Real!**  
**Wise Women Speak**

Third Fire Films  
[www.thirdfirefilms.com](http://www.thirdfirefilms.com)



**Audience:**  
Humanity - Young & Aging

**Rating:**  
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WISDOM

As soon as the movie began, there was no turning back! Over the next 82 minutes, a multitude of strong, successful, independent, talented, free thinking, creative and visionary women are interviewed about “life, the universe & everything in between.” We are shown how very different life and aging can be depending on how you approach it and what you allow yourself to believe about it. From start to finish, *Get Real* speaks to our heart as others share from theirs.

The movie explains how society deemed it necessary to associate negative connotations with the words for the wise aging woman – the crone and hag—these words previously meant wisdom and carried respect! Now we belittle and raise our children to fear the elderly as well as growing old themselves. We teach that being youthful is the only commodity a woman has and if you can’t do it naturally, there are always cosmetic alternatives to keep you looking youthful and desirable. Yet, if a woman has not learned her true worth and to love herself — the outer shell, no matter how beautiful will be lacking and happiness will never be found.

There are some things one must experience to fully appreciate and even minutely comprehend—aging gracefully and joyfully is one of those miraculous things! This is the first generation of women over the age of 50 who continue to not only survive, but thrive in their creative and expansive adventure. There have not been many role models, but there have been some who pioneered and danced to the beat of their own drum. So many women have raised the bar and led by example to pioneer this new space that is manifesting. No doubt scoffed, mocked and taught to dislike most parts of the aging process and told that we are nothing without “youth and looks,” *Get Real* ventures beyond what has been, into what can be! Through the voices of many – we can share in and learn from our “wise women” and sisters.

The honest and open dialogue these amazing women share with us brings tears, laughter and a sense of connection with our mothers, sisters, daughters and friends like never before. A tradition that has been hidden is being re-birthing and the divine feminine is sharing her wisdom once again. Don’t fear aging, work with it to squeeze every ounce of fun out

of it you can. After watching the women, several of them are known for keeping a healthy, active lifestyle that often includes a daily yoga practice and meditation or prayer.

You should walk away with some insight into the process for aging gracefully and the mindset that each of these incredibly wise women share through their insight on life. A great movie for friends, sisters, as well as a lovely mother / daughter shared expression of love in action while planting historical seeds of change.

“*Get Real – Wise Women Speak*” did just that, it was REAL. An amazing adventure uniting the voices of women visionaries who have moved back to the divine feminine & embrace all facets of life. Our OM Times Review is — Beautifully done as to touch our heart & mind!

*by deZengo*

